

2010 Volunteer Sign-up Form

Parent/Guardian: _____ Name of Athlete _____

Volunteers are vital to the success of our track program. We cannot adequately host our home meets without participation from all Roadrunner families. To ensure your participation, we require a separate, refundable, deposit check of \$75.00 per family which WILL NOT BE CASHED until the end of the season. Each family will be expected to provide 3-4 hours of work at each of our 3 home meets. Alternatively, you can choose to fill one of our other administrative positions, listed at the bottom of this form.

Each family should select an assignment from the list below. To ensure that you get your preference, place a **1** next to your first choice and a **2** next to your second. If you're not sure what task to do, we can assign one, based on our need to fill positions.

Upon successful completion of the season, a family's \$75.00 deposit check will be returned, if that family has fulfill their entire obligation. With only 3 home meets to work your obligations break into thirds. If you are unable to fulfill your entire obligation, a partial deduction will be made in one third increments to help staff the home meets with paid workers.

Available Coaching Positions: If you're interested in being an assistant coach or team parent, check the line directly below and circle the age group of interest.

_____ Assistant Coach: Age Group (circle one): GB GG BB BG MB MG YB YG IB IG

_____ Team Parent: Age Group (circle one): GB GG BB BG MB MG YB YG IB IG

Track Meets:

Track meet help is divided into two shifts. The 1st is responsible for being at the track at 8 a.m. to help with meet setup and continues working through the end of the 100 meter dash. The 2nd shift is responsible for working from the start of the 100 's (the overlap is intended) through the end of the meet, including cleanup.

_____ Snack Bar 1st Shift

_____ Snack Bar 2nd Shift

Age Groups Birth Years:

_____ Staging 1st Shift

_____ Staging 2nd Shift

Gremlin Boys (GB) 2002-2003

_____ Timing 1st Shift

_____ Timing 2nd Shift

Gremlin Girls (GG) 2002-2003

_____ Hurdles/Relay Guide

Bantam Boys (BB) 2000 - 2001

_____ Hurdles/Relay Flags

Bantam Girls (BG) 2000 - -2001

_____ Announcer 1st Shift

_____ Announcer 2nd Shift

Midget Boys (MB) 1998-19989

_____ Computer Results 1st Shift

_____ Computer Results 2nd Shift

Midget Girls (MG) 1998-1999

_____ Copying Results 1st Shift

_____ Copying Results 2nd Shift

Youth Boys (YB) 1996-1997

_____ Ribbons 1st Shift

_____ Ribbons 2nd Shift

Youth Girls (YG) 1996-1997

_____ Starter 1st Shift

_____ Starter 2nd Shift

Intermediate Boys (IB) 1994-1995

_____ Volunteer Check-in 1st Shift

_____ Volunteer Check-in 2nd Shift

Intermediate Girls (IG) 1994-1995

Field event shifts are based on the divisions.

2nd Shift will be responsible for checking when they are to start.

_____ High Jump – 1st Shift (BG BB MG)

_____ High Jump – 2nd Shift (MB YG YB)

_____ Shot Put – 1st Shift (YB YG MB)

_____ Shot Put – 2nd Shift (MG BB BG)

_____ Long Jump – 1st Shift (GG GB BG BB)

_____ Long Jump – 2nd Shift (MG MB YG YB)

Administrative Positions:

_____ Secretary

_____ Volunteer Coordinator

_____ Data Entry for Away Meets

_____ Equipment Manager

_____ Pictures and Trophies – To organize and distribute at Team Picnic

_____ Uniforms and Sweatshirts - Distribute/Collect Uniforms & Order Sweatshirts